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人参皂苷 Rg1 对抑郁症大鼠抑郁行为和海马神经元损伤、PKA、PKC 的影响 *

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摘要 目的:探讨与分析人参皂苷 Rg1 对抑郁症大鼠抑郁行为和海马神经元损伤、蛋白激酶 A(PKA)与蛋白激酶 C(PKC)的影响。**方法:**抑郁症大鼠 48 只随机平分为三组 - 模型组、实验 1 组、实验 2 组,每组 16 只大鼠。实验 1 组、实验 2 组每天 2 次灌胃给药(1 mg/mL、4 mg/mL 人参皂苷 Rg1),给药体积为 10 mL;模型组以相同方式按体重给予双蒸水。观察与记录鼠抑郁行为和海马神经元损伤、PKA、PKC 表达变化情况。**结果:**实验 1 组、实验 2 组治疗第 7 d、第 14 d 的逃避潜伏期都显著低于模型组,实验 2 组与实验 1 组相比也显著缩短($P<0.05$)。实验 1 组、实验 2 组治疗第 7 d、第 14 d 的糖水偏好率高于模型组,实验 2 组与实验 1 组相比也显著升高($P<0.05$)。实验 1 组、实验 2 组治疗第 7 d、第 14 d 的血清 5-羟色胺较模型组高,血清皮质酮含量较模型组低,实验 2 组与实验 1 组对比也有明显差异($P<0.05$)。实验 1 组、实验 2 组治疗第 7 d、第 14 d 的海马神经元组织的 PKA、PKC 蛋白相对表达水平显著低于模型组,实验 2 组与实验 1 组相比也显著缩短($P<0.05$)。**结论:**人参皂苷 Rg1 在抑郁症大鼠的应用能改善抑郁行为,增加糖水偏好率,降低逃避潜伏期,还可提高大鼠的血清 5-羟色胺含量,降低血清皮质酮含量,降低海马神经元组织的 PKA、PKC 蛋白表达水平。

关键词:人参皂苷 Rg1; 抑郁症; 抑郁行为; 海马神经元**中图分类号:**R-33;R749.4 **文献标识码:**A **文章编号:**1673-6273(2023)16-3027-05

Effects of Ginsenoside Rg1 on Depression Behavior, Hippocampal Neuron Damage, PKA and PKC in Rats with Depression*

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ABSTRACT Objective: To investigate and analysis the effects of ginsenoside Rg1 on depression behavior, hippocampal neuron damage, protein kinase A (PKA) and protein kinase C (PKC) in rats with depression. **Methods:** 48 cases of rats with depression were randomly divided into three groups: model group, experimental group 1 and experimental group 2, with 16 rats in each group. Experiment group 1 and experiment group 2 were administered twice a day by gavage (1 mg/mL, 4 mg/ml ginsenoside Rg1) with a dose volume of 10ml; The model group were given double distilled water according to body weight in the same way. The depression behavior, hippocampal neuron injury, PKA and PKC expression were observed and recorded. **Results:** The escape latency of experimental group 1 and experimental group 2 on the 7th and 14th day of treatment were lower than that of model group, and the escape latency of experimental group 2 were also significantly shorter than that of experimental group 1 ($P<0.05$). The sugar preference rate of experimental group 1 and experimental group 2 on the 7th and 14th day of treatment were higher than that of model group, and the sugar preference rate of experimental group 2 were also higher than that of experimental group 1 ($P<0.05$). The serum 5-hydroxytryptamine level of experimental group 1 and experimental group 2 on the 7th and 14th day of treatment were higher than that of model group, and the serum corticosterone level were significantly lower than that of model group. There were also difference compared between experimental group 2 and experimental group 1($P<0.05$). The relative expression levels of PKA and PKC protein in the hippocampal neurons of the experimental group 1 and the experimental group 2 on the 7th and 14th day of treatment were lower than that of the model group, and the experimental group 2 were also shorter than that of the experimental group 1 ($P<0.05$). **Conclusion:** The application of ginsenoside Rg1 in rats with depression can improve the depressive behavior, increase the preference rate of sugar water, reduce the escape latency, increase the content of serum serotonin, reduce the content of serum corticosterone, and reduce the level of PKA and PKC protein expression in hippocampal neurons.

Key words: Ginsenoside Rg1; Depression; Depression behavior; Hippocampal neurons**Chinese Library Classification(CLC):** R-33; R749.4 **Document code:** A**Article ID:** 1673-6273(2023)16-3027-05

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前言

抑郁症是一种严重情绪障碍的疾病,具有慢性与反复发作的特点。随着社会生活行为的变化,当前国内外人群中抑郁症的发病率越来越高^[1,2]。在颅内脑组织中,海马神经元十分重要,抑郁症患者的海马神经元可直接影响去5-羟色胺与皮质酮的含量,导致集体学习、记忆功能障碍^[3-5]。当前对于抑郁症的治疗方法比较多,其中药物治疗的应用较多,主要包括文拉法新、丁氨苯丙酮、氟西汀等,虽然有一定的效果,但是存在起效速度慢、不良反应多等不足^[6,7]。人参皂苷Rg1(Ginsenoside Rg1)是人参皂苷中最活跃的成分之一,具有调节细胞增殖、细胞分化、细胞再生等作用,还具有抗焦虑、镇静、镇痛等作用,当前已经应用于治疗帕金森病与抑郁症等,并且取得了比较好的效果^[8,9]。蛋白激酶A(Protein kinase A,PKA)与蛋白激酶C(Protein kinase C,PKC)的异常表达与多种疾病的发生发展密切相关,PKA、PKC的异常表达可影响空间导航能力,而正常表达可改善记忆能力^[10,11]。本文具体探讨与分析了人参皂苷Rg1对抑郁症大鼠抑郁行为和海马神经元损伤、PKA、PKC的影响,以促进人参皂苷Rg1的应用,并明确其应用价值。现报道如下。

1 材料与方法

1.1 研究材料

人参皂苷Rg1(纯度为>98%,购自北京索莱宝科技有限公司)用0.9%的生理盐水进行配置成低浓度、高剂量浓度分别为1 mg/mL、4 mg/mL。雄性SD大鼠48只(北京维通利华实验动物技术有限公司),4周龄,体重400 g~500 g。每笼4只大鼠,温度20°C~28°C,相对湿度50.0%~60.0%,通风良好,环境安静,实验期间自由进食饮水,12 h:12 h照明。动物实验参照实验动物管理条例与相关伦理要求执行。

ZH0065 Morris水迷宫视频分析系统型号(北京硕林苑科技有限公司)、Olympus光学显微镜(日本Olympus光学工业株式会社)、日本SANY-80°C超低温冰箱。

1.2 抑郁症大鼠模型的建立

所有大鼠腹腔注射麻醉剂戊巴比妥钠(50 mg/kg)后固定在脑立体定位仪上,暴露冠状缝、矢状缝、人字缝、前囟、后囟,在前囟前8.0厘米正中钻两个直径为2.0厘米的孔,捣坏嗅球

并吸出来,止血后进行封闭。

1.3 大鼠分组与治疗

所有大鼠都造模成功,然后进行单笼饲养,正常饮水摄食,然后随机平分为三组-模型组、实验1组、实验2组,每组16只大鼠。实验1组、实验2组每天2次灌胃给药(1 mg/mL、4 mg/mL人参皂苷Rg1),给药体积为10 mL。模型组以相同方式按体重给予双蒸水。

1.4 观察指标

三组所有大鼠在治疗第7 d、治疗第14 d分别处死8只大鼠,进行观察与检测。(1)采用Morris水迷宫实验,实验前1天将大鼠放入水迷宫游泳自己找平台120 s,并休息30 s,逃避潜伏期:大鼠从放入水池到找到平台的时间,若超过120 s仍未找到平台,逃避潜伏期记为120 s;若找到平台后爬上平台并5 s以上,则认为找到平台。

(2)糖水偏好是快感缺失的评价指标,每只大鼠给予预定量的1.0%蔗糖水和纯水,大鼠自由饮水24 h,并在中间时间更换1.0%蔗糖水和纯水位置,计算糖水偏好率,糖水偏好率=糖水消耗量/糖水消耗量-纯水消耗量×100.0%。

(3)所有大鼠进行眼眶取血1.5 mL左右,促凝4.0°C放置30 min后,3000 r/min离心10 min,取上层血清在-80.0°C保存,通过酶联免疫法检测血清5-羟色胺与皮质酮含量,检测试剂盒购自深圳晶美公司。

(4)大鼠扯尾断头,取出海马神经元组织,研磨后提取总蛋白,电泳分离,转膜到PVDF膜后,依次孵育一抗(抗PKA抗体、抗PKC抗体)和二抗,最后进行化学发光显示,并统计相对表达量。

1.5 统计方法

选择SPSS25.00软件,计量数据采用($\bar{x} \pm s$)表示,为t检验,多组间的对比方法为方差分析等,检验水准为 $\alpha=0.05$ 。

2 结果

2.1 逃避潜伏期对比

实验1组、实验2组治疗第7 d、第14 d的逃避潜伏期都显著低于模型组,实验2组与实验1组相比也显著缩短($P<0.05$)。见表1。

表1 三组治疗不同时间点的逃避潜伏期对比(s,均数±标准差)

Table 1 Comparison of escape latency (s, mean ± standard deviation)

Groups	n	7 d	14 d
Experimental group 2	8	65.87± 6.23 ^{ab}	55.32± 7.45 ^{ab}
Experimental group 1	8	78.88± 7.34 ^a	60.34± 8.41 ^a
Model group	8	89.82± 5.78	89.87± 6.10
F		31.484	51.682
P		0.000	0.000

Note: compared with Model group,^a $P<0.05$, compared with Experimental group 1,^b $P<0.05$, the same below.

2.2 糖水偏好率对比

实验1组、实验2组治疗第7 d、第14 d的糖水偏好率高于模型组,实验2组与实验1组相比也显著升高($P<0.05$)。见

表2。

2.3 血清5-羟色胺与皮质酮含量对比

实验1组、实验2组治疗第7 d、第14 d的血清5-羟色胺

较模型组高,血清皮质酮含量较模型组低,实验 2 组与实验 1 组对比也有明显差异($P<0.05$)。见表 3。

表 2 三组治疗不同时间点的糖水偏好率对比(s, 均数± 标准差)
Table 2 Comparison of sugar water preference rates at different time points (s, mean ± standard deviation)

Groups	n	7 d	14 d
Experimental group 2	8	89.87± 5.44 ^{ab}	96.55± 4.58 ^{ab}
Experimental group 1	8	78.47± 5.81 ^a	83.02± 4.61 ^a
Model group	8	55.79± 4.48	55.47± 3.58
F		52.285	67.116
P		0.000	0.000

表 3 三组治疗不同时间点的血清 5-羟色胺与皮质酮含量对比(μg/mL, 均数± 标准差)
Table 3 Serum serotonin and corticosterone content (μg/mL, mean ± SD)

Groups	n	5-hydroxytryptamine		Corticosterone	
		7 d	14 d	7 d	14 d
Experimental group 2	8	1.73± 0.18 ^{ab}	1.89± 0.32 ^{ab}	0.56± 0.04 ^{ab}	0.53± 0.05 ^{ab}
Experimental group 1	8	1.48± 0.18 ^a	1.65± 0.27 ^a	0.60± 0.01 ^a	0.58± 0.06 ^a
Model group	8	1.17± 0.23	1.18± 0.18	0.63± 0.08	0.64± 0.05
F		13.504	15.663	9.833	11.106
P		0.000	0.000	0.000	0.000

2.4 PKA、PKC 蛋白相对表达水平对比

实验 1 组、实验 2 组治疗第 7 d、第 14 d 的海马神经元组

织的 PKA、PKC 蛋白相对表达水平显著低于模型组,实验 2 组与实验 1 组相比也显著缩短($P<0.05$)。见表 4。

表 4 三组治疗不同时间点的海马神经元组织的 PKA、PKC 蛋白相对表达水平对比(μg/mL, 均数± 标准差)
Table 4 Comparison of relative expression levels of PKA and PKC protein (μg/mL, mean ± standard deviation of the three groups of treated hippocampal neurons at different time points)

Groups	n	PKA		PKC	
		7 d	14 d	7 d	14 d
Experimental group 2	8	1.04± 0.09 ^{ab}	0.87± 0.08 ^{ab}	1.27± 0.14 ^{ab}	1.00± 0.27 ^{ab}
Experimental group 1	8	1.67± 0.22 ^a	1.87± 0.19 ^a	1.71± 0.22 ^a	1.99± 0.18 ^a
Model group	8	3.08± 0.34	3.09± 0.11	3.56± 0.29	3.59± 0.13
F		19.484	24.014	21.575	28.559
P		0.000	0.000	0.000	0.000

3 讨论

抑郁症已成为严重威胁人类健康的疾病之一,全球约 1/5 的人可遭受着抑郁症的折磨,寻找有效安全的抑郁症治疗药物具有重要价值^[12]。中草药在神经保护方面具有很好的效果,现已成为国内外研究热点。人参作为草药已具有超过千年的历史,人参皂苷是人参的主要成分,也为一种固醇类化合物,主要成分包括 Rg3、Rh1、Rh2、Re、Rg1、Rg2 等。人参皂苷 Rg1 是人参皂苷的重要组成部分,具有抗缺血 / 再灌注损伤、抗抑郁、抗凋亡等多种作用,可能对于治疗抑郁症具有重要的意义^[13-15]。Morris 水迷宫实验有助于判断认知功能,并反映抑郁状态。糖

水偏好率的减少可对动物快感缺乏情况进行及时反映,也表明机体存在一定的抑郁状况^[16]。本研究显示实验 1 组、实验 2 组治疗第 7 d、第 14 d 的糖水偏好率高于模型组,实验 2 组与实验 1 组相比也显著升高;实验 1 组、实验 2 组治疗第 7 d、第 14 d 的逃避潜伏期都显著低于模型组,实验 2 组与实验 1 组相比也显著缩短,表明人参皂苷 Rg1 在抑郁症大鼠的应用能改善抑郁行为,增加糖水偏好率,降低逃避潜伏期。分析可知,人参皂苷 Rg1 已经具备在脑梗死后期的治疗潜力,可通过调控促炎因子和抗炎因子的表达来发挥抗炎作用,具有保护神经退行性疾病患者神经功能的作用^[17,18]。人参皂苷 Rg1 还可起到抗神经炎症的作用,从而发挥抗抑郁的作用^[19]。

抑郁症的高自杀风险及其功能损伤,已经成为了一种公共卫生问题,已经给患者及其家庭和社会都造成了严重的负面影响。常规西药治疗能够有效缓解临床症状,但是不能终止或逆转外周神经的损伤,且长期服用容易产生药物依赖性,也存在一定的不良反应。现代研究表明,中药可调节抑郁症神经系统,并在神经保护方面具有重要意义^[20,21]。在抑郁症机体中,下丘脑-垂体-肾上腺轴过度活跃,而皮质酮是下丘脑-垂体-肾上腺轴的重要激素之一,对焦虑和抑郁作用显著,可以调节人体的代谢、认知和情绪^[22]。5-羟色胺低表达会造成机体中脑边缘系统、网状结构的神经元功能失调,进而造成抑郁症状^[23]。本研究显示实验1组、实验2组治疗第7 d、第14 d的血清5-羟色胺较模型组高,血清皮质酮含量较模型组低,实验2组与实验1组对比也有明显差异,表明人参皂苷Rg1在抑郁症大鼠的应用能提高血清5-羟色胺含量,降低血清皮质酮含量。分析可知,人参皂苷Rg1对机体内单胺类神经递质和下丘脑-垂体-肾上腺轴具有一定的调节作用,可降低肾上腺酮引发的细胞活力下降的状况,从而发挥神经保护功能^[24,25]。

PKA、PKC是细胞质酶,主要分布在细胞质中,一旦被激活可参与生化反应的调控,也能作用于细胞核中的转录因子,从而介导细胞生长、机体学习、机体记忆等过程^[26]。PKA、PKC的过量表达也可释放转录因子核因子κB,由胞质转位到核内,诱发炎性因子的大量释放,从而引发炎性反应的发生^[27,28]。本研究显示实验1组、实验2组治疗第7 d、第14 d的海马神经元组织的PKA、PKC蛋白相对表达水平显著低于模型组,实验2组与实验1组相比也显著缩短,表明人参皂苷Rg1在抑郁症大鼠的应用能降低海马神经元组织的PKA、PKC蛋白表达水平。分析可知,当前有研究人参皂苷Rg1可以诱导PI3K/Akt通路的激活,从而发挥对心血管疾病的调节作用,促进创伤损伤的微循环环境改善^[29]。人参皂苷Rg1能促进腺苷酸环化酶活性和环磷腺苷的合成,使得突触活动增加,促进下游神经递质释放,能促进降低PKA、PKC蛋白的表达,从而降低神经系统后遗症的发生率^[30]。

总之,人参皂苷Rg1在抑郁症大鼠的应用能改善抑郁行为,增加糖水偏好率,降低逃避潜伏期,还可提高大鼠的血清5-羟色胺含量,降低血清皮质酮含量,降低海马神经元组织的PKA、PKC蛋白表达水平。

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