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芒果昔通过 PI3K/Akt/mTOR 通路抑制缺氧缺血性脑损伤 大鼠神经细胞凋亡及炎症反应 *

党双双 易甫[△] 武锋 陈伟 李敬霞

(空军军医大学第一附属医院(西京医院) 陕西 西安 710032)

摘要 目的:探讨芒果昔抑制缺氧缺血性脑损伤大鼠神经细胞凋亡的机制。**方法:**将 144 只 SD 新生大鼠分为空白组、模型对照组、阳性对照组(尼莫地平, $0.4 \text{ mg} \cdot \text{kg}^{-1} \cdot \text{d}^{-1}$)、芒果昔低、中、高剂量组($50, 100, 200 \text{ mg} \cdot \text{kg}^{-1} \cdot \text{d}^{-1}$)。检测脑组织中超氧化物歧化酶(SOD)水平、细胞凋亡率、PI3K/Akt/mTOR 通路分子表达量。**结果:**与空白对照组比较,模型组大鼠脑组织中 SOD 的含量显著降低、细胞凋亡率显著增加,p-PI3K、p-AKT、p-mTOR 的表达量显著减少($P < 0.05$)；与模型组比较,芒果昔低、中、高剂量组大鼠脑组织中 SOD 的含量显著增加,细胞凋亡率均显著减少,p-PI3K、p-AKT、p-mTOR 的表达量显著增加且芒果昔剂量越大,上述变化越显著($P < 0.05$)。**结论:**芒果昔对缺氧缺血性脑损伤大鼠的细胞凋亡及炎症反应具有抑制作用且该抑制作用与抑制 PI3K/Akt/mTOR 通路有关。

关键词:芒果昔；缺氧缺血性脑损伤；氧化应激；神经细胞凋亡

中图分类号:R-33; R741; R282.71 **文献标识码:**A **文章编号:**1673-6273(2020)10-1820-04

Mangiferin Inhibits Neuronal Apoptosis and Inflammatory Response in Rats with Hypoxic-ischemic Brain Injury Via PI3K/Akt/mTOR Pathway*

DANG Shuang-shuang, YI Fu[△], WU Feng, CHEN Wei, LI Jing-xia

(Xijing Hospital, Air Force Military Medical University, Xi'an, Shaanxi, 710032, China)

ABSTRACT Objective: To investigate the inhibitory effect of mangiferin on the neuronal apoptosis in rats with hypoxic-ischemic brain damage and its mechanisms. **Methods:** 144 neonatal rats were divided into four groups: control group, model control group, positive control group (Nimodipine, $0.4 \text{ mg} \cdot \text{kg}^{-1} \cdot \text{d}^{-1}$), low, middle and high dose of mangiferin group ($50, 100, 200 \text{ mg} \cdot \text{kg}^{-1} \cdot \text{d}^{-1}$). The content of Superoxide dismutase (SOD), apoptosis rate and the expression of PI3K/Akt/mTOR pathway molecular were measured. **Results:** Compared with the blank control group, the contents of SOD in the brain tissue of the model group was significantly decreased, the apoptosis rate in the brain tissue of the model group was significantly increased, the expression of p-PI3K, p-Akt, p-mTOR significantly decreased ($P < 0.05$)；compared with the model group, the contents of SOD was significantly increased, the apoptosis rate in the brain tissue of the low, middle and high dose mangiferin group significantly was decreased, and the expression of p-PI3K, p-Akt, p-mTOR significantly increased and the higher the dose of mangiferin was, the more significant the changes were($P < 0.05$). **Conclusion:** Mangiferin can inhibit the apoptosis and inflammatory response in rats with hypoxic-ischemic brain damage, which may be related to the inhibition of PI3K/Akt/mTOR pathway.

Key words: Mangiferin; Hypoxic ischemic brain damage; Oxidative stress; Neuron apoptosis

Chinese Library Classification(CLC): R-33; R741; R282.71 **Document code:** A

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前言

缺氧缺血性脑损伤(Hypoxic ischemic brain injury, HIBI)是新生儿死亡和引发神经系统并发症的主要原因之一^[1],会引发永久性神经系统后遗症^[2-5]。有研究表明缺氧缺血性脑损伤会产生活性氧(ROS)和活性氮(RNS),进而导致神经元的退化和死亡^[6-7]。

近年来,越来越多的研究证明植物提取物在中风和缺血性脑损伤疾病方面有一定的护作用^[8-9]。芒果昔(C-葡萄糖苷1,3,6,7-四羟基黄嘌呤)是一种天然存在于许多植物中的植物

多酚,其具有多种药理作用,如抗氧化、抗炎、抗肿瘤和治疗糖尿病等^[10-13]。此前用于治疗 HIBI 的方法主要是各类注射神经生长因子以及联合高压氧治疗^[14],涉及芒果昔保护神经细胞的研究较少,磷酸肌醇 3- 激酶 / 蛋白激酶 B(PI3K / Akt)信号传导通路调节各种过程,包括细胞生长,增殖和代谢^[15]。Wang 等^[16]证明了 PI3K / Akt 信号通路在缺血性中风模型中的神经保护作用。鉴于芒果昔具有广泛的生物活性,本研究基于 PI3K/Akt/mTOR 途径研究芒果昔对缺氧缺血性脑损伤大鼠神经细胞凋亡的影响,并探讨其作用机制。

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作者简介:党双双(1989-),女,本科,主要研究方向:心血管内科,E-mail: 564601855@qq.com

△ 通讯作者:易甫(1978-),男,研究生导师,副教授,主要研究方向:心血管内科

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1 材料与方法

1.1 动物和试剂

本实验所用大鼠均从陕西省医学实验动物中心购买(许可证号:SCSK-2012-003),144只实验用新生大鼠均为出生7天的SD新生大鼠。本实验设计及过程均符合本院动物伦理委员会规定。芒果苷(上海纯生生物科技有限公司,生产批号:P0226)。

1.2 动物模型制备、分组及给药剂量

出生7天的SD大鼠,参照文献^[17,18],采用Rice法建立HIBI新生大鼠模型,造模成功24 h后,空白对照组和模型组给予20 mL/kg的生理盐水,阳性对照组给予尼莫地平(0.4 mg·kg⁻¹·d⁻¹),芒果苷低、中、高剂量组分别给予芒果苷(50,100,200 mg·kg⁻¹·d⁻¹),连续给药4周。

1.3 大鼠脑组织中SOD含量的测定

鼠断头处死,快速取出大鼠脑组织,严格按照试剂盒说明书操作,黄嘌呤氧化法检测超氧化物歧化酶(SOD)活性。

1.4 Western blot检测脑组织中Caspase-3、Bcl-2、Bcl-xL、Bad、Bax蛋白表达

得到大鼠脑组织样品后,采用BCA法检测蛋白的浓度。进行SDS-PAGE凝胶进行电泳后分离,转移至PVDF膜上,分别加入相应的抗体(抗体的稀释倍数如下:Caspase-3:1:1000;Bcl-2:1:500;Bcl-xL:1:1000;Bad:1:500;Bax:1:500)和β-actin抗体(1:1000),TBST室温封闭过夜。吐温tris缓冲液洗膜3次,10 min/次,加入HRP标记的二抗辣根过氧化物酶,室温振荡孵化2 h,暗室内X线片曝光显影,扫描仪扫描底片,采用Quantity one软件分析蛋白表达水平。

1.5 统计学分析

运用SPSS21.0统计软件进行试验数据分析,以($\bar{x} \pm s$)来表示,多组数据比较采用方差分析,两两比较采用LSD法,以 $P < 0.05$ 为差异有统计学意义。

2 结果

2.1 芒果苷对大鼠脑组织中SOD含量的影响

与空白对照组相比,模型组大鼠脑组织中SOD含量显著降低,差异具有统计学意义($P < 0.01$);与模型组相比,阳性对照组、芒果苷中、高剂量组大鼠脑组织中SOD含量显著升高,差异具有统计学意义($P < 0.01$),高剂量与低剂量芒果苷组间比较具有统计学差异。结果见图1。

2.2 芒果苷对大鼠脑组织内PI3K、Akt、mTOR表达的影响

与空白对照组相比,模型组大鼠脑组织中p-PI3K、p-AKT、p-mTOR的表达量显著减少,差异具有统计学意义($P < 0.05$);与模型组相比,芒果苷低、中、高剂量组大鼠脑组织中p-PI3K、p-AKT、p-mTOR的表达量显著增加且芒果苷剂量越高,大鼠脑组织中p-PI3K、p-AKT、p-mTOR表达量显著的增加越明显,差异具有统计学意义($P < 0.05$)。结果见图2、表1。

2.3 芒果苷对大鼠脑组织中Caspase-3、Bcl-2、Bcl-xL、Bad、Bax蛋白含量的影响

与空白对照组相比,模型组大鼠脑组织中的细胞凋亡率显著增加,差异具有统计学意义($P < 0.05$);与模型组相比,芒果苷

低、中、高剂量组大鼠脑组织的细胞凋亡率显著减少且芒果苷剂量越高,大鼠脑组织中细胞凋亡率的减少越明显,差异具有统计学意义($P < 0.05$)。结果见图1。

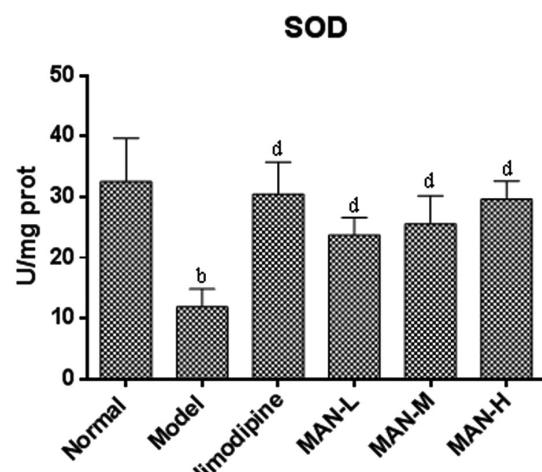


图1 芒果苷对大鼠脑组织中SOD含量的影响($\bar{x} \pm s$,n=8)

Fig.1 Effects of mangiferin on SOD, in brain tissue in plasma rats ($\bar{x} \pm s$,n=8)

注:与空白对照组相比,a为 $P < 0.05$,b为 $P < 0.01$;与模型组比较,c为 $P < 0.05$,d为 $P < 0.01$ 。
Notes: Compared with the Normal group, a: $P < 0.05$, b: $P < 0.01$;
Compared with the Model group, c: $P < 0.05$, d: $P < 0.01$.

A: 空白对照组;B: 模型组;C: 芒果苷低剂量组;D: 芒果苷中剂量组;E: 芒果苷高剂量组

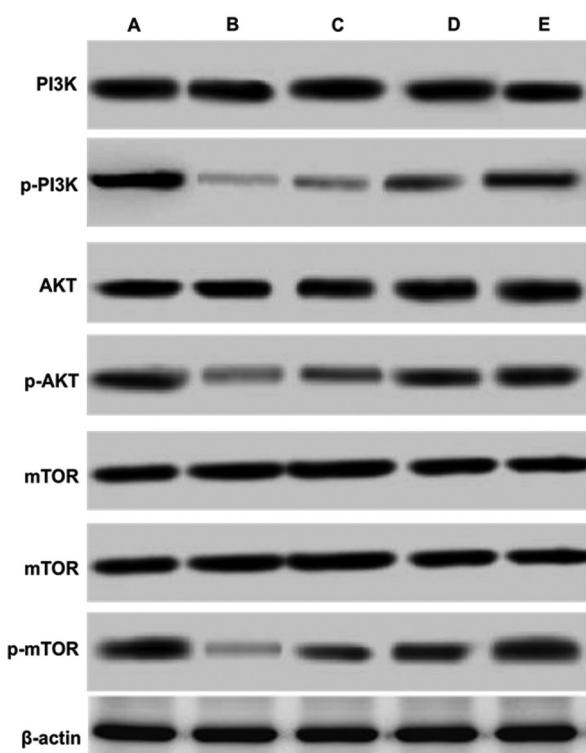


图2 五组大鼠脑组织中PI3K/AKT/mTOR通路的蛋白条带
Fig.2 Protein bands of PI3K/AKT/mTOR pathway in brain tissue of 5 groups of rats

3 讨论

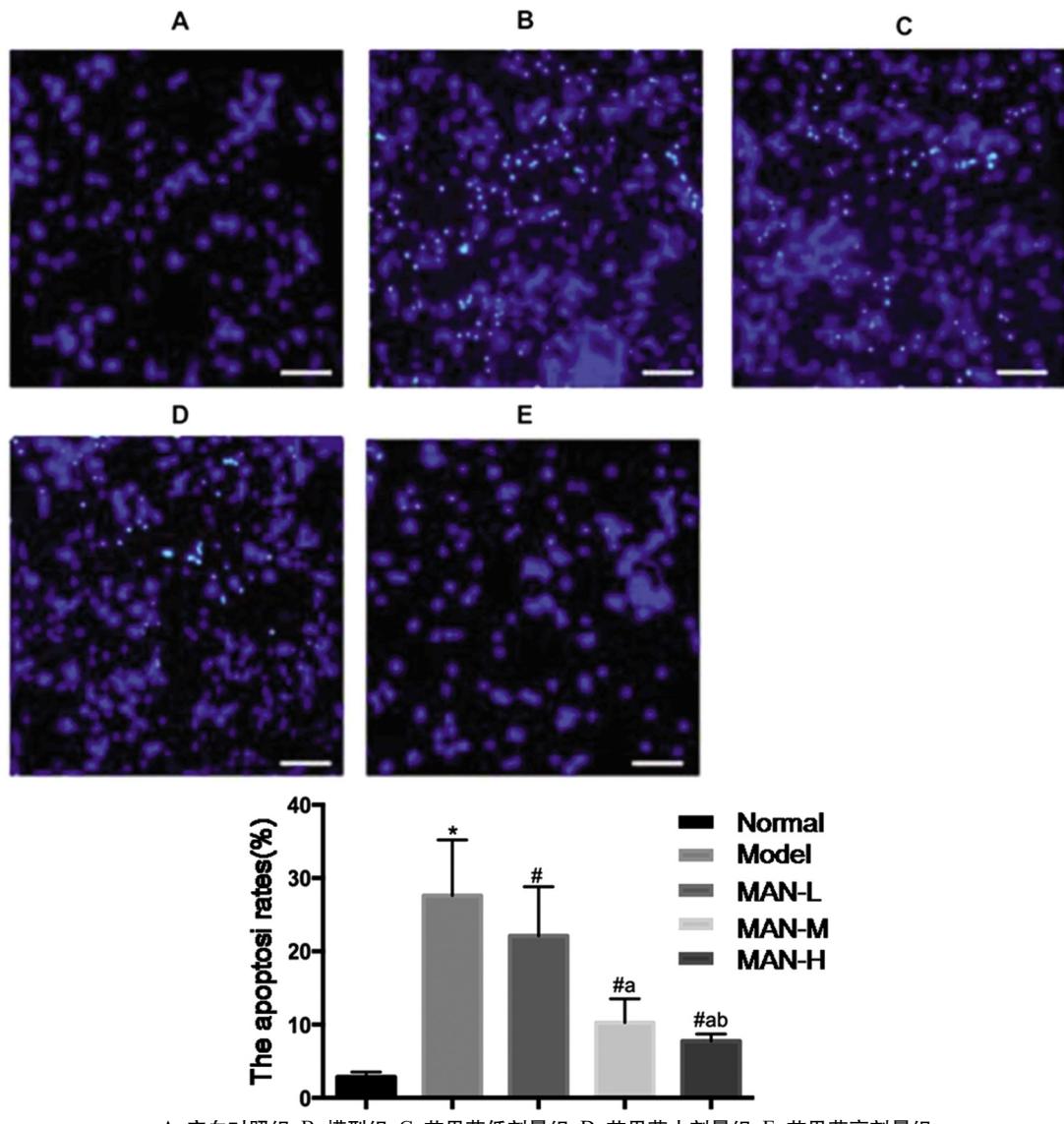
新生儿 HIBI 存活者患有长期神经损伤，多与损伤神经元凋亡相关，众所周知，促凋亡蛋白(Bad 和 Bax)与抗凋亡蛋白(Bcl-2 和 Bcl-XL)之间的平衡对细胞存活有重要的调节作用^[19]。郭蕴琦等^[20,21]研究发现，黄芪注和芒果昔射液可上调 HI 大鼠脑组织 Bcl-2 蛋白表达，同时下调 Bax 蛋白表达，Bcl-2/Bax 比值升高，促使 Bax-Bcl-2 异源二聚体形成，从而抑制神经细胞凋

亡。余艾霞等^[22]研究发现，黄芪注射液可以使 HIE 患儿的意识障碍恢复时间明显缩短。本研究结果与上述文献研究结果一致，芒果昔可以使 Bcl-2 和 Bcl-xL 的表达上调，表明芒果昔可以抑制神经细胞凋亡从而能起到保护神经的作用，本实验结果也进一步证实了芒果昔具有神经保护作用。

表 1 芒果昔对大鼠脑组织中 PI3K/AKT/mTOR 通路的影响
Table 1 Effects of mangiferin on PI3K/AKT/mTOR pathway in brain tissue of rats

Groups	n	p-PI3K	p-AKT	p-mTOR
Blank control group	8	0.92± 0.16	1.08± 0.25	0.99± 0.14
Model group	8	0.24± 0.04*	0.41± 0.07*	0.22± 0.06*
Mangiferin low dose group	8	0.34± 0.05#	0.59± 0.09#	0.52± 0.08#
Mangiferin middle dose group	8	0.51± 0.08# ^a	0.83± 0.15# ^a	0.77± 0.13# ^a
Mangiferin high dose group	8	0.74± 0.13# ^{ab}	0.98± 0.18# ^{ab}	1.03± 0.25# ^{ab}

Note: compared with the blank control group, *P<0.05; compared with the model group, #P<0.05; compared with the low dose group of mangiferin, ^aP<0.05; compared with the middle dose group of mangiferin, ^bP<0.05.



A: 空白对照组；B: 模型组；C: 芒果昔低剂量组；D: 芒果昔中剂量组；E: 芒果昔高剂量组
图 3 芒果昔对大鼠脑组织中细胞凋亡率的影响(n=8)

Fig.3 Effects of mangiferin on apoptosis rate in brain tissue of rats(n=8)

氧化应激是 HIBI 病理的主要贡献者，新生儿的大脑极易受到氧化应激的影响，从而导致神经毒性^[23]。文献报道，红花黄色素和羟基红花黄色素 A 可升高 SOD 水平而发挥对大鼠脑缺血再灌注损伤的保护作用^[24,25]。在我们的研究中，SOD 水平的降低反映了 HIBI 后的氧化应激。芒果苷升高了 SOD 水平，有助于降低氧化应激水平，上述结果说明芒果苷具有一定的抗氧化能力。

磷脂酰肌醇 3- 激酶(PI3K)/ 蛋白激酶 B(Akt)信号通路在中枢神经系统发育过程中广泛表达，mTOR 是该通路的主要下游效应之一，AKT 与脑损伤有关，也被证实可以抑制细胞凋亡^[26,27]。文献报道，四甲基吡嗪氮酮通过调控 PI3K/Akt/GSK3β 通路而实现神经保护作用^[28]。FGF21 通过通过 FGFR1 /β-klotho 激活 PI3K / Akt 信号通路来促进新生鼠缺氧缺血性脑损伤后的功能恢复^[29,30]。本研究结果发现，芒果苷通过增强 PI3K/Akt/mTOR 通路的表达来增强神经保护作用，抑制神经细胞凋亡，提高神经细胞存活率，这可能是治疗心血管疾病的机制之一。PI3K/AKT/mTOR 通路是目前已知与细胞凋亡及炎症反应均有关系的通路之一，该通路激活后能够抑制细胞凋亡及炎症反应^[32,33]。在明确芒果苷对新生大鼠 HIBI 过程中细胞凋亡及炎症反应的抑制作用后，本实验进一步对芒果苷发挥上述作用的分子机制进行了初步探究。在本实验中，HIBI 模型大鼠脑组织中 p-PI3K、p-AKT、p-mTOR 的表达量显著降低，说明 PI3K/AKT/mTOR 通路的激活在 HIBI 过程中受到抑制，进而削弱该通路的抗凋亡及抗炎作用，可能与 HIBI 过程中细胞凋亡及炎症反应的激活有关。将芒果苷用于新生大鼠 HIBI 干预后观察到：不同剂量的芒果苷均能使脑组织中 p-PI3K、p-AKT、p-mTOR 的表达量增加且芒果苷剂量越大、信号分子表达的增加越明显，说明芒果苷对新生大鼠 HIBI 过程中 PI3K/AKT/mTOR 通路的激活具有促进作用，结合 PI3K/AKT/mTOR 通路的抗凋亡及抗炎活性提示，激活 PI3K/AKT/mTOR 通路可能是芒果苷在新生大鼠 HIBI 过程中发挥抗炎及抗凋亡作用的分子机制。

综上所述，芒果苷对缺氧缺血性脑损伤大鼠的细胞凋亡及炎症反应具有抑制作用且该抑制作用与抑制 PI3K/Akt/mTOR 通路有关。

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