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食管癌根治术后肺部感染的病原菌与耐药性分析*

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摘要目的:探讨食管癌根治术后肺部感染的病原菌及耐药性,为临床合理应用抗菌药物提供依据。**方法:**选择2009年1月-2017年12月在我院行食管癌根治术的764例患者作为研究对象,记录患者临床基本资料,采集肺部感染患者深部痰液标本进行细菌培养,并对病原菌进行药物敏感性试验,分析其病原菌分布和耐药性。**结果:**764例食管癌根治术后患者肺部感染146例,感染率为19.11%;肺部感染患者痰液标本培养获得病原菌185株,其中革兰阴性菌116株,占62.70%,以铜绿假单胞菌和肺炎链球菌最多,分别占18.38%和14.05%;革兰阳性菌40株,占21.62%,以金黄色葡萄球菌最多,占8.65%;真菌29株,占15.68%,以白假丝酵母菌最多,占9.19%。铜绿假单胞菌、肺炎链球菌、鲍氏不动杆菌、大肠埃希菌对美洛西林的耐药率最高,分别占70.59%、73.08%、86.96%、62.50%,对亚胺培南耐药率最低,分别占5.88%、3.85%、26.09%、12.50%。金黄色葡萄球菌、表皮葡萄球菌对头孢唑林的耐药率最高,分别占81.25%、63.64%,溶血葡萄球菌对头孢唑林、阿奇霉素、环丙沙星的耐药率最高,均占71.43%,肠球菌对头孢唑林、环丙沙星耐药率最高,均占100.00%;黄色葡萄球菌、表皮葡萄球菌、溶血葡萄球菌、肠球菌对万古霉素耐药率最低,均为0.00%。**结论:**食管癌根治术后肺部感染以革兰阴性菌为主,病原菌主要对美洛西林、头孢唑林、阿奇霉素、环丙沙星产生耐药性,对亚胺培南、万古霉素耐药性较低,临床应合理选用抗菌药物进行治疗。

关键词:食管癌根治术;肺部感染;病原菌分布;耐药性

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Analysis on Pathogenic Bacteria and Drug Resistance of Pulmonary Infection after Radical Surgery for Esophageal Carcinoma*

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ABSTRACT Objective: To explore the pathogenic bacteria and drug resistance of pulmonary infection after radical surgery for esophageal carcinoma, and to provide the basis for clinical rational use of antibacterial drugs. **Methods:** A total of 764 patients, who underwent radical surgery for esophageal carcinoma in Second Affiliated Hospital of Anhui Medical University from January 2009-December 2017, were chosen as research subjects. The basic clinical data of the patients were recorded. The deep sputum specimens from patients with pulmonary infection were collected for bacterial culture. Drug sensitivity test was performed for pathogenic bacteria, and the distribution and drug resistance of the pathogenic bacteria were analyzed. **Results:** There were 146 cases of pulmonary infection in 764 cases of radical surgery for esophageal carcinoma, and the infection rate was 19.11%. Among 185 strains of pathogenic bacteria from sputum specimens of patients with pulmonary infection, there were 116 strains of Gram-negative bacteria (62.70%), in which, *pseudomonas aeruginosa* and *Streptococcus pneumoniae* were the most, accounting for 18.38% and 14.05% respectively; there were 40 strains of Gram-positive bacteria (21.62%), in which, *staphylococcus aureus* were the most, accounting for 8.65%, 29 strains of fungi accounting for 15.68%, and *Candida albicans* were also the most, accounting for 9.19%. The resistance rates of *Pseudomonas aeruginosa*, *Streptococcus pneumoniae*, *Acinetobacter baumannii*, *Escherichia coli* to mezlocillin were the highest, accounted for 70.59%, 73.08%, 86.96%, 62.50% respectively, but the resistance rates of them to imipenem were the lowest, accounted for 5.88%, 3.85%, 26.09%, 12.50% respectively. The resistance rates of *Staphylococcus aureus*, *Staphylococcus epidermidis* to cefazolin were the highest, accounting for 81.25%, 63.64% respectively. The resistance rates of *Staphylococcus haemolyticus* to cefazolin, azithromycin, ciprofloxacin were the highest, all accounted for 71.43%. The resistance rates of *Enterococci* to cefazolin, ciprofloxacin were the highest, all accounted for 100.00%. The resistance rates of *Staphylococcus*, *Staphylococcus epidermidis*, *Staphylococcus haemolyticus* and *Enterococcus* to vancomycin were the lowest, all accounted for 0.00%. **Conclusion:** The pulmonary infection is Gram-negative bacteria mainly after radical surgery for esophageal carcinoma. The pathogenic bacteria is resistant to mezlocillin, cefazolin, azithromycin, ciprofloxacin mainly, the resistance rates of pathogenic bacteria to imipenem and vancomycin are lower. Antibiotics should be used rationally for clinical treatment.

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前言

食管癌是常见的消化道肿瘤,其典型的症状为进行性下咽困难,严重时水和唾液也难以下咽^[1-3]。目前,根治性切除仍是治疗食管癌的主要方法,在食管癌根治术后,均伴有吻合口瘘和肺部感染等并发症,严重者可导致死亡,对患者的预后、治疗费用及住院时间造成了直接影响^[4,5]。若发现感染患者,应该及时应用抗菌药物进行治疗,同时给予药敏试验,防止感染进一步扩散^[6]。近年来,随着外科治疗技术逐渐发展成熟,且监护仪器设备、麻醉方式和护理技术发展越来越成熟,肺癌根治术后出现吻合口瘘的发生率及患者病死率显著下降,但并发肺部感染的发生率仍处在较高水平,已经引起相关学者的重视^[7-9]。因此,对食管癌根治术后肺部感染进行早期诊断并采取积极有效的治疗,可明显改善患者预后^[10,11]。本研究将我院 764 例食管癌根治术患者作为研究对象,观察其肺部感染情况,采集样本进行病原菌分布和耐药性分析,现将本研究报道如下。

1 资料与方法

1.1 临床资料

选择 2014 年 6 月 -2017 年 8 月在我院行食管癌根治术的 764 例患者,纳入标准^[12]:(1)所有患者存在不同程度发热、咳痰、咳嗽等临床表现,肺部听诊可闻湿啰音;(2)患者血标本检测可见白细胞指标增加;(3)患者肺部影像学资料显示肺部炎症;(4)患者或家属知情同意并签署知情同意书。排除标准:(1)合并严重心、肝、肾功能障碍者;(2)临床资料不完整者;(3)无法积极配合者。其中男性患者 421 例,女性 343 例;年龄 42-68 岁,平均年龄(56.47±6.83)岁;鳞癌 612 例,腺癌 152 例;病理分期:I 期 189 例,II 期 575 例;病变位置:食管中段 575 例,下段 189 例。

1.2 方法

收集患者早晨痰液标本,用生理盐水对患者口腔进行清洗 3 次,用力深咳,将痰液置于无菌环境储存,以备实验。细菌鉴定方法采用梅里埃公司生产的 VITEK-60 及 GPC、GNB 鉴定卡进行细菌鉴定。采用国家卫生组织推荐的 K-B 纸片扩散法检测细菌耐药性,其中琼脂、药敏纸片均购自英国 Oxoid 公司。

1.3 观察指标

观察病原菌分布与构成比,记录主要革兰阴性菌和革兰阳性菌对抗菌药物的耐药率。

1.4 统计学方法

研究数据采用 SPSS18.0 进行分析处理,计数资料采用百分比形式表示,并采用描述性分析。

2 结果

2.1 病原菌分布

764 例食管癌根治术患者术后存在肺部感染的有 146 例,感染率为 19.11%;肺部感染患者痰液标本培养获得病原菌 185

株,其中革兰阴性菌 116 株,占 62.70%,革兰阳性菌 40 株,占 21.62%,真菌 29 株,占 15.68%,见表 1。

表 1 病原菌分布与构成比

Table 1 Distribution and constituent ratio of pathogenic bacteria

Pathogenic bacteria	n	Constituent ratio(%)
Gram-negative bacteria	116	62.70
<i>Pseudomonas aeruginosa</i>	34	18.38
<i>Streptococcus pneumoniae</i>	26	14.05
<i>Acinetobacter baumannii</i>	23	12.43
<i>Escherichia coli</i>	16	8.65
<i>Enterobacter cloacae</i>	11	5.95
Other	6	3.24
Gram-positive bacteria	40	21.62
<i>Staphylococcus aureus</i>	16	8.65
<i>Staphylococcus epidermidis</i>	11	5.95
<i>Staphylococcus haemolyticus</i>	7	3.78
<i>Enterococcus</i>	4	2.16
Other	2	1.08
Fungi	29	15.68
<i>Candida albicans</i>	17	9.19
<i>Candida tropicalis</i>	10	5.41
Other	2	1.08
Total	185	100.00

2.2 主要革兰阴性菌对抗菌药物的耐药率分析

铜绿假单胞菌、肺炎链球菌、鲍氏不动杆菌、大肠埃希菌对美洛西林的耐药率最高,分别占 70.59%、73.08%、86.96%、62.50%,对亚胺培南耐药率最低,分别占 5.88%、3.85%、26.09%、12.50%,见表 2。

2.3 主要革兰阳性菌对抗菌药物的耐药率分析

金黄色葡萄球菌、表皮葡萄球菌对头孢唑林的耐药率最高,分别占 81.25%、63.64%,溶血葡萄球菌对头孢唑林、阿奇霉素、环丙沙星的耐药率最高,均占 71.43%,肠球菌对头孢唑林、环丙沙星耐药率最高,均占 100.00%;黄色葡萄球菌、表皮葡萄球菌、溶血葡萄球菌、肠球菌对万古霉素耐药率最低,均为 0.00%,见表 3。

3 讨论

食管癌与生活环境、饮食生活习惯、年龄、性别、种族、地域、职业、遗传易感性等有一定关系,是多种因素所致的疾病^[13-15]。近几年,食管癌的发病率及病死率呈现逐渐上升趋势,其

表 2 主要革兰阴性菌对抗菌药物的耐药率分析
Table 2 Analysis of the resistance rate of major Gram-negative bacteria to antibiotics

Medicine	<i>Pseudomonas aeruginosa</i> (n=34)		<i>Streptococcus pneumoniae</i> (n=26)		<i>Acinetobacter baumannii</i> (n=23)		<i>Escherichia coli</i> (n=16)	
	n	Resistance rate(%)	n	Resistance rate(%)	n	Resistance rate(%)	n	Resistance rate(%)
Cefatriaxone	17	50.00	16	61.54	16	69.57	9	56.25
Ceftazidime	15	44.12	11	42.31	15	65.22	8	50.00
Cefepime	9	26.47	10	38.46	11	47.83	3	18.75
Ciprofloxacin	18	52.94	13	50.00	12	52.17	9	56.25
Imipenem	2	5.88	1	3.85	6	26.09	2	12.50
Levofloxacin	19	55.88	12	46.15	13	56.52	9	56.25
Mezlocillin	24	70.59	19	73.08	20	86.96	10	62.50
Sulbactam	8	23.53	7	26.92	8	34.78	6	37.50
Tazobactam	10	29.41	8	30.77	11	47.83	3	18.75

表 3 主要革兰阳性菌对抗菌药物的耐药率分析
Table 3 Analysis of the resistance rate of major Gram-positive bacteria to antibiotics

Medicine	<i>Staphylococcus aureus</i> (n=16)		<i>Staphylococcus epidermidis</i> (n=11)		<i>Staphylococcus haemolyticus</i> (n=7)		<i>Enterococcus</i> (n=4)	
	n	Resistance rate(%)	n	Resistance rate(%)	n	Resistance rate(%)	n	Resistance rate(%)
Penicillin	12	75.00	6	54.55	4	57.14	3	75.00
Cefazolin	13	81.25	7	63.64	5	71.43	4	100.00
Azithromycin	10	62.50	5	45.45	5	71.43	3	75.00
Vancomycin	0	0.00	0	0.00	0	0.00	0	0.00
Ciprofloxacin	12	75.00	6	54.55	5	71.43	4	100.00
Clindamycin	7	43.75	4	36.36	4	57.14	3	75.00

中食管癌术后经常出现肺部感染,甚至是围术期主要的致死原因,在进行食管癌根治术时,行开胸手术影响呼吸道净化功能,干扰吞咽,患者下肺部移动度下降,潮气量下降,排痰、咳嗽能力下降,使得患者呼吸道内淤积大量痰液,由于上述多种原因,增加患者肺部感染的风险^[16-18]。有研究报道显示,食管癌根治术并发肺部感染是一种较为常见的并发症,发生率在 20.00%-75.00%,病死率为 40.00% 左右^[19]。在并发肺部感染需要进行早期诊断及有效的治疗,可改善患者的治疗效果,提高预后水平^[20,21]。因此,对于肺部感染患者掌握其致病菌分布及药敏特点是非常必要的。根据患者肺部感染临床表现、血常规检查结果、影像学资料及病原菌培养结果进行确诊,并采用积极有效的治疗,对于改善患者预后有着重要的作用^[22-24]。

本研究结果显示,764 例食管癌根治术患者并发肺部感染病例 146 例,发病率为 19.11%,采集肺部感染患者痰液标本进行病原学培养,获得病原菌 185 株,这一结果表明感染发生率较高且患者存在多重感染。在 185 株病原菌中,革兰阴性菌 116 株,占 62.70%,主要菌属为铜绿假单胞菌、肺炎链球菌,分别为 34 株、26 株,占比 18.38%、14.05%,其次是鲍氏不动杆菌及大肠埃希菌属,分别为 23 株、16 株,占比 12.43%、8.65%,对革兰阴性菌进行耐药性分析,病原菌对头孢曲松、环丙沙星、美洛西林等药物均表现出较高的耐药性,亚胺培南耐药率均处在较低水平,治疗时为提高有效性,可采用亚胺培南进行治疗

^[25-27]。革兰阳性菌 40 株,占 21.62%,其中金黄色葡萄球菌检出 16 株,占 8.65%,药物药敏学检测结果显示,革兰阳性菌如表皮葡萄球菌、金黄色葡萄球菌、肠球菌、溶血葡萄球菌对头孢唑林、青霉素、阿奇霉素以及环丙沙星均表现为较高的耐药性,肠球菌则同样对克林霉素耐药性较高,而对万古霉素耐药率均为 0.00%,因此在针对革兰阳性菌治疗时可选择万古霉素进行药物治疗^[28]。本研究真菌检出 29 株,检出率仅为 15.68%。在进一步对病原学特征进行分析可知,致病菌包括铜绿假单胞菌及金黄色葡萄球菌等比例较高,这一结果表明患者行食管癌根治术后,自身免疫力下降,导致患者并发肺部感染,并且可能与临幊上抗菌药物滥用,机体内正常菌群失调存在密切关系^[29,30]。

综上所述,食管癌根治术后并发肺部感染,导致患者正常治疗受到影响,预后效果下降,因此在诊疗过程中,需要根据患者的临床表现、实验室检测结果以及影像学资料等内容,确诊患者是否存在肺部感染,并进一步分析其病原学特征、药敏性,从而有助于选择适当的抗菌药物进行临幊治疗。

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